

10 Days to Freedom from Head Lice

Dowal	D
Day 1	Day 6
*Notify or check all exposed friends	*Check all members of home for
& family members.	nits that may have been missed.
*Treat only those who are infested with live lice	*Comb/pick nits out of hair.
or have evidence of nits laid ½ inch from the	our or rich.
scalp.	
*Wash all bedding, clothing, & toys in hot water	
(130°F) & dry on high heat for 30 min.	
*Store all clothing, stuffed animals, comforters,	
etc., that cannot be washed or dry cleaned into a plastic bag; seal for 2 weeks.	
*Soak combs & brushes for 1 hour in rubbing	
alcohol, Lysol, or wash with soap & hot (130°F)	
water.	
*Vacuum all carpeting, furniture & car uphoistery.	
Vacuum especially well in the places that those	
who are infested sit or lay.	
Day 2	Day 7
*Check all members of home for	*Check all members of home for nits
nits that may have been missed.	
1	that may have been missed.
*Comb/pick nits out of hair.	*If the lice treatment used on Day
	1 recommends repeating in 7
	days, repeat the treatment.
Day 3	Day 8
*Check all members of home for	*Check all members of home for nits
nits that may have been missed.	that may have been missed.
*Comb/pick nits out of hair.	*Comb/pick nits out of hair.
o o man prox mas out or man.	*If nits or lice are still seen, repeat the lice
	treatment if indicated by instructions
	(DO NOT REPEAT TREATMENT IF DONE
	. ON DAY 7SEEK MEDICAL ADVICE)
Day 4	Day 9
*Check all members of home for nits that	*Check all members of home for nits
may have been missed.	that may have been missed.
*Comb/pick nits out of hair.	*Comb/pick nits out of hair.
The state of the s	*If nits or lice are still seen, repeat the lice
	treatment if indicated by instructions
	(DO NOT REPEAT TREATMENT IF DONE
	ON DAY 7 OR 8; SEEK MEDICAL ADVICE)
Day 5	Day 10
*Check all members of home for nits that	*Check all members of home for nits
may have been missed.	that may have been missed.
*Comb/pick nits out of hair.	*Comb/pick nits out of hair.
*Thoroughly vacuum areas that those who	*If nits or lice are still seen, repeat the lice
are infested sit or lay.	treatment if indicated by instructions
and threaten on at lay.	(DO NOT REPEAT TREATMENT IF DONE ON
	DAY 7, 8 or 9;SEEK MEDICAL ADVICE)
	10 Days to Freedom from Head Lice (February 2, 2007)

Source: Michigan Department of Community Health/Michigan Department of Education